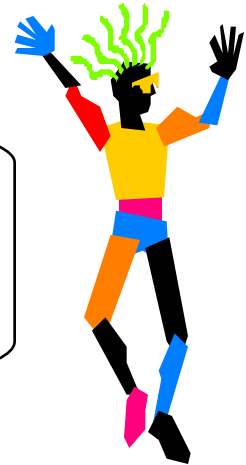


What's New?

- Training Bulletin will be distributed twice a year in December and June
- Two new forms on page 33 & 34
- One time Branch offered Training – Step by Step Breastfeeding Policy Implementation Workshop on page 17



Welcome to the Training Bulletin!

We are excited to offer you a wide variety of learner-centered education training. This training will help you and your staff redesign and reinvigorate your nutrition education program. There are two types of training in the bulletin, those offered by the State WIC Program, and those provided by outside trainers.



The bulletin also contains:

- Registration information
- A list of training materials you can order from us
- Training Center locations
- Information about the Nutrition Education and Training Consortia

We hope this bulletin is useful to you as you develop your training plan.

Please contact **Maurice Robertson** at **(916) 928-8574** if you have any questions about the bulletin.



Remember that to attend any training, funds must be available in your agency's budget and approval for training must be obtained from your supervisor.

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Descriptions of Training and Schedule



Advanced Learning Design

Length: 4 Day

Description: Are you ready to refine, review, and reconstruct your trainings and lesson plans?

This GLP course helps you design for sustainable learning.

- Bring a current lesson plan to work on
- Practice your revised lesson plan and gain valuable feedback
- Increase your knowledge, skills, and confidence in designing learner-centered curriculum

Prerequisite: You must have attended *Learning to Listen, Learning to Teach* with at least 2 months practice time before registering for the *Advanced Learning Design* course.

This is a competitive application process. Not all applicants will be accepted due to limited space.

To request an application, call Cathryne Ahrens at (916) 928-8604 or download the application at <http://www.wicworks.ca.gov>

Who Should Attend: Staff who train and/or design classes.

Date	Location
March 2, 2004	Sacramento

Be A Service Star

Length: 1 Day

Description: Let your people skills shine through while you learn to become a customer service star.

Learn:

- What your customers need
- How to create rapport, listen actively, and use other communication skills
- How to incorporate the Fish Philosophy at your agency
- How to handle challenging situations

Discover the “STAR” in you!

Who Should Attend: All interested staff, particularly those providing direct service.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

FGD: Getting Participants to Talk-Beginning

Length: 1 Day

Description: Are you ready to change your group education from a monologue to dialogue? Then check FGD out.

At this session you will:

- Discover some quick ways to find out what people want to learn
- Practice facilitation skills
- Learn how to handle misinformation

Kick up your group education a notch!

Who Should Attend: Staff who teach, train, and/or design classes.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

FGD: Getting Participants to Talk-Intermediate

Length: 1 Day

Description: Move your group education to the next level of dialogue.

At this training you will:

- Build on basic facilitation skills
- Practice handling challenging situations
- Redesign and deliver a lesson plan as a facilitated session
- Transform a standard lesson plan into an interactive facilitated session where everyone participates and learns

Who Should Attend: Staff who teach, train, and/or design classes.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

Fit WIC: Active Play for Families

Length: 1 Day

Description: Ready to incorporate easy and fun movement into education with WIC families? Become a child again for a day!

Join Patty Kimbrell to **move, play,** and have **fun** as you explore:

- How to motivate WIC families to become more active at home
- Ways to incorporate physical activities into WIC classes
- The joy of making homemade toys
- Skipping, hopping, and jumping

You will receive a packet of resources to use in designing education for WIC families.

Who Should Attend: Staff who teach, train, and/or design classes.

Fit WIC: Active Play for Families

This workshop on incorporating physical activity into WIC education is no longer offered through the WIC Branch. However, Patty Kimbrell of the SPARK Program is still available to provide this excellent, hands-on training for WIC agencies. If you would like to schedule this workshop for your staff, you may contract directly with Patty. You can e-mail her at pkimbrel@mail.sdsu.edu

Fit WIC: Supporting WIC Families and Staff (Train the Trainer)

Length: 1 Day

Description: Mix “an ounce of fun into a pound of prevention” as you learn how to conduct training activities related to childhood obesity prevention. Come prepared to have fun and bring Fit WIC back to your agency!

You will learn to:

- Help staff interact more effectively with WIC families that have overweight children
- Teach staff to use facilitated group discussion to help families become more active
- Support staff in developing healthy lifestyles
- Use materials and resources that are available for staff training and participant education

You will receive materials and resources to train your own staff.

Attendance is limited to 3 staff per agency.

Who Should Attend: Staff who train.

Fit WIC: Supporting WIC Families and Staff

The WIC Branch will provide 4 sessions of this workshop during 2004 in various locations around the state. Local agencies have been surveyed as to their interest, and the locations for the workshops will be arranged accordingly. Check the Training Bulletin on the CA WIC website for updated information in early 2004. If more information is needed, contact Poppy Strode at (916) 928-8627.

Individual Education: The Learner-Centered Way-Day 1

Length: 1 Day

Description: Let's "talk" about how to engage a participant in a dialogue during individual education.

You will be able to RISE to the occasion once you've learned how to:

- Demonstrate respect for adult learners
- Create safety and establish rapport
- Use open-ended questions
- Paraphrase, reflect, and validate feelings

Try it. Your participants will love it!

Who Should Attend: Staff who provide individual education, supervise, and/or train.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

Individual Education: The Learner-Centered Way-Day 2

Length: 1 Day

Description: Now let's **“walk the talk”** and practice dialogue skills using real life WIC situations.

You will learn how to:

- Structure your individual education sessions
- Suspend judgement
- Try out your skills and get feedback in a safe environment

It's one step at a time!

Who Should Attend: Staff who provide individual, education, supervise, and/or train.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

Individual Education: The Learner-Centered Way-Day 3

Length: 1 Day

Description: Motivate participants to make changes in their health behaviors.

You will learn how to:

- Identify participant's stages of change
- Match strategies to participant's need
- Help participants find solutions that make sense to them

Run with it!

Who Should Attend: Staff who provide individual education, supervise, and/or train.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

ISIS Basic Part I

Length: 3 Day

Description: Topics covered include applicants screening, appointments, MEDS interface, certification/re-certification, and printing food instruments.

You must complete ISIS part I and II to receive full ISIS certification.

Who Should Attend: New staff with basic knowledge of the WIC Program.

Date	Location
January 13-15, 2004	WIC Branch-Sacramento
January 14-16, 2004	PHFE Training Center-Bellflower
January 12-14, 2004	American Red Cross-San Diego
February 4-6, 2004	American Red Cross-San Diego
February 10-12, 2004	PHFE Training Center-Bellflower
February 2-4, 2004	Sherman Center -Riverside
February 3-5, 2004	WIC Branch-Sacramento
March 3-5, 2004	American Red Cross-San Diego
March 8-10, 2004	PHFE Training Center-Bellflower
March 9-11, 2004	WIC Branch-Sacramento
April 5-7, 2004	American Red Cross-San Diego
April 6-8, 2004	WIC Branch-Sacramento
April 12-14, 2004	Sherman Center -Riverside
April 14-16, 2004	PHFE Training Center-Bellflower
May 4-6, 2004	WIC Branch-Sacramento
May 4-6, 2004	American Red Cross-San Diego
May 10-12, 2004	PHFE Training Center-Bellflower
June 7-9, 2004	Sherman Center -Riverside
June 8-10, 2004	WIC Branch-Sacramento
June 8-10, 2004	American Red Cross-San Diego
June 16-18, 2004	PHFE Training Center-Bellflower
July 6-8, 2004	American Red Cross-San Diego
July 7-9, 2004	PHFE Training Center-Bellflower
August 10-12, 2004	American Red Cross-San Diego
August 9-11, 2004	Sherman Center -Riverside
September 7-9, 2004	American Red Cross-San Diego
September 13-15, 2004	PHFE Training Center-Bellflower
October 6-8, 2004	American Red Cross-San Diego
October 5-7, 2004	PHFE Training Center-Bellflower
October 4-6, 2004	Sherman Center -Riverside

ISIS Basic Part II

Length: 2 Day

Description: Topics covered include adjunctive eligibility, voiding and change issued food packages, foster child enrollment, and transfers.

This is the second part of the ISIS training required for ISIS certification.

Who Should Attend: Staff who have completed *ISIS Basic Part I*.

Date	Location
January 20-21, 2004	American Red Cross-San Diego
January 27-28, 2004	PHFE Training Center-Bellflower
January 28-29, 2004	WIC Branch-Sacramento
February 10-11, 2004	Sheman Center -Riverside
February 18-19, 2004	WIC Branch-Sacramento
February 23-24, 2004	PHFE Training Center-Bellflower
February 25-26, 2004	American Red Cross-San Diego
March 23-24, 2004	WIC Branch-Sacramento
March 23-24, 2004	American Red Cross-San Diego
March 25-26, 2004	PHFE Training Center-Bellflower
April 19-20, 2004	Sheman Center -Riverside
April 20-21, 2004	WIC Branch-Sacramento
April 21-22, 2004	American Red Cross-San Diego
April 26-27, 2004	PHFE Training Center-Bellflower
May 19-20, 2004	WIC Branch-Sacramento
May 19-20, 2004	American Red Cross-San Diego
May 27-28, 2004	PHFE Training Center-Bellflower
June 14-15, 2004	Sheman Center -Riverside
June 23-24, 2004	WIC Branch-Sacramento
June 23-24, 2004	American Red Cross-San Diego
June 28-29, 2004	PHFE Training Center-Bellflower
July 19-20, 2004	PHFE Training Center-Bellflower
July 20-21, 2004	American Red Cross-San Diego
August 16-17, 2004	Sheman Center -Riverside
August 23-24, 2004	PHFE Training Center-Bellflower
August 25-26, 2004	American Red Cross-San Diego

ISIS Equipment Troubleshooting

Length: ½ Day

Description: Topics covered include all ISIS equipment such as: the controller, modem, administrative PC, printers, laptops, informers, terminals; and various connectivity issues such as: troubleshooting techniques, tips, identification, diagnosis, resolution of basic and more complex ISIS equipment problems.

Who Should Attend: Staff who have completed *ISIS Basic Part I* and are responsible for ISIS equipment.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

ISIS Local Administration-Beginning

Length: 2 Day

Description: Topics covered include appointment schedules, contact types, checkstock, participation reports, and master nutrition education plans.

Who Should Attend: Project directors, supervisors, and staff with access to ISIS Local Administration.

Date	Location
January 28-29, 2004	Sherman Building-Riverside
February 18-19, 2004 February 18-19, 2004	PHFE Training Center-Bellflower American Red Cross-San Diego
March 30-31, 2004	WIC Branch-Sacramento
April 5-6, 2004	PHFE Training Center-Bellflower
May 10-11, 2004	Sherman Building-Riverside
June 7-8, 2004 June 16-17, 2004 June 29-30, 2004 July 15-16, 2004	PHFE Training Center-Bellflower American Red Cross-San Diego WIC Branch-Sacramento Sherman Building-Riverside

ISIS Local Administration-Advanced

Length: 1 Day

Description: Topics include an in-depth review of ISIS Local Administration features and problem solving of questions brought by attendees. This training is tailored to meet the needs of attendees.

Who Should Attend: Project directors, supervisors, and staff who have completed Beginning ISIS Local Administration.

Date

Location

To request this training, call Maurice Robertson at (916) 928-8574.

Learning to Listen, Learning to Teach

Length: 4 Days

Description: Are you ready for Learner Center Education (LCE)?

Come learn and practice:

- The 7 steps to developing great learning event
- Learning Center Education principles

Got questions, get answers! This intensive 4 day course will give you lots of opportunities to practice designing and teaching in a safe LCE way.

This is a competitive application process. Not all applicants will be accepted due to limited space.

To request an application, call Cathryne Ahrens at (916) 928-8604 or visit <http://www.wicworks.ca.gov> to download the application and fax to (916) 928-6816.

Who Should Attend: Experienced staff who teach, train, and/or design classes.

Date	Location
March 9-12, 2004	Sacramento
April 6-9, 2004	Los Angeles
May 4-7, 2004	Northern California
June 15-18, 2004	Riverside

WIC Formula

Length: ½ - 1 Day

Description: Looking to increase your comfort zone for handling non-contract formula requests?

You will learn about:

- Different infant formulas
- Appropriate formulas (and length of use) for various high risk conditions
- Strategies to educate WIC moms about formulas
- New formula policies and forms that can assist you in handling formula requests
- New WIC formula contract and the new formulas on food instruments

Registered Dietitians receive continuing education credits for this training.

Who Should Attend: Nutritionists and Degreed Nutritionists.

Date

Location

To request this training, call Judy Sundquist at (916) 928-8615. One month notice is needed to arrange this training.

Please contact your local hospital pediatric RD to participate on the panel for review of case studies.

Step by Step – Breastfeeding Policy Implementation Workshop

Length: 2 Day

Description:

Looking to learn more about implementing the State breastfeeding policies?

Participants will have:

- described WIC's overall vision for breastfeeding promotion;
- assessed your agencies' progress in meeting the four new breastfeeding policies;
- practiced using the policy resource materials;
- identified and addressed barriers to implementing the breastfeeding policies; and,
- developed an implementation plan for your own agency for each of the four new policies.

Who Should Attend:

Breastfeeding Coordinators and key administrative staff should attend. The Coordinator for your electric breast pump loan program should attend the second day of the workshop where we will review the Electric Breast Pump Loan Program Policy.

Date	Location
January 7-8, 2004	WIC Branch-Sacramento
January 26-27, 2004	WIC Branch-Sacramento
February 3-4, 2004	PHFE Training Center-Bellflower
February 5-6, 2004	PHFE Training Center-Bellflower
February 25-26, 2004	Eastmont Mall- Alameda
March 2-3, 2004	United Health Centers - Reedley
March 8-9, 2004	SDSU WIC-San Diego
March 30-31, 2004	Mendocino WIC Program- Ukiah
April 12-13, 2004	Shasta WIC- Redding

To Schedule Training at Your Agency

To schedule training at your agency you must:

- Contact **Maurice Robertson** at (916) 928-8574 to discuss your request.
- Have a minimum of 15 participants for the training (unless your caseload is less than 5000).
- Invite staff from other agencies in your region.
- Handle all the training logistics.



Nutrition Classes Provided by Community Resource Project Training Center

Class Title	Dates Offered
Prenatal Nutrition	January 22, 2004
Nutrition for Women after Delivery	January 23, 2004
Breastfeeding Promotion & Support	February 19, 2004
Nutrition Needs Assessment & Working With People	March 18, 2004
Basic Nutrition	March 19,, 2004
Infant Nutrition	April 22, 2004
Child Nutrition	April 23, 2004
Prenatal Nutrition	May 20, 2004
Postpartum Nutrition	May 21, 2004
Breastfeeding Support and Promotion	June 17, 2004



Description	These classes are designed for paraprofessionals; however, nutritionists may attend. The classes are based on the <i>California WIC Program Training Manual</i> .
Cost	\$50 per person per class
Who Should Attend	Staff who teach and provide individual education
Training Location	Community Resource Project Training Site 250 Harris Avenue Sacramento, CA 95838
Registration Information	Janine Mareello (916) 326-5835 or jmareello@cresource.org

State Approved Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
Lactation Educator Program	Lactation Institution	January 20-22,27-28, or 29, 2004	Encino, CA	www.lactationinstitute.org
Lactation Specialist Workshop Breastfeeding Evidence – Bases Success	La Leche League	Various Dates	Various Locations	www.lalecheleague.org
Conference on Child and Family Maltreatment	American Public Health Association	January 26-30, 2004	San Diego, CA	(858) 576-1700 sdconferences@chsd.org www.chsd.org
Prenatal Nutrition with Lucia Kaiser, PhD, RD, Dept. of Nutrition, UC Davis	Santa Barbara County WIC	January 28, 2004	Santa Barbara, CA	((805)346-8244 (805)346-8468 Fax Caro Stinson Cstins@co.santa-barbara.ca.us
Nutrition Week: A Scientific & Clinical Forum & Exposition	American Society for Parenteral & Enteral Nutrition	February 9-12, 2004	Las Vegas, CA	www.nutritionweek.org 800-7274587
Lactation Educator Training Program	UCLA Extension	February 9-13, 2004	Los Angeles, CA	www.uclaextension.edu 310-825-8523
Neonatal Suck Evaluation	Women's Health Resource Center	February 10-12, 2004 February 24-26, 2004	San Francisco, CA	(415) 885-3796 Joanna.laffey@ucsfmedct.org Joanna Laffey

State Approved Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
Advance Issues in Lactation Practice	The Center for Breastfeeding	February 16-20, 2004	Salinas, CA	www.healthychildren.cc
Lactation Counseling: A Certificate Training Program (Level II: LC)	Healthy Children's Center for Breastfeeding	February 16-20, 2004	Salinas, CA	(508) 888-8044 (508) 888-8050 Fax www.healthychildren.cc info@healthychildren.cc
Nutrition for Infants, Children & Adolescents	Dept. of Pediatrics & Nutrition Sciences, Univ. of Alabama at Birmingham & Dept. of Health & Human Services	February 22-26, 2004	Birmingham, AL	(205) 939-9254 (205) 939-9345 Charlene Rhoades www.peds.uab.edu
Breastfeeding Controversy, Challenge & Change	Tuolumne County Breastfeeding Coalition	February 26, 2004	Sonora, CA	Tcbo@webdancers.com 209-98494240
Lactation Excellence Latch on to the Evidence	The Bay Area Lactation Associates (BALA)	March 5-6, 2004	Berkeley, CA	Sue7211@aol.com Anngarr950@aol.com
Neonatal Nutrition Conference	Baylor College of Medicine and Texas Children's Hospital	March 7-10, 2004	Houston, Texas	Myrthala Guzman 1-832-826-1360
Washington Leadership Conference National WIC Association	National WIC Association	March 14-16, 2004	Washington, DC	www.nwica.org

State Approved Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
Current Nutrition Issues and Controversies with Sheri Zidenberg-Cherr, PhD, RD, Dept. of Nutrition, UC Davis	Santa Barbara County WIC	March 17, 2004	Santa Barbara, CA	(805)346-8244 (805)346-8468 Fax Caro Stinson Cstinso@co.santa-barbara.ca.us
2 nd National Steps to a Healthier US Summit	United States Department of Health and Human Services	March 18-19, 2004	Baltimore, MD	www.healthierus.gov/steps
Breastfeeding Babies with Common Complications	The Breastfeeding Task Force of Greater Los Angeles , Community Perinatal Network PAC/LAC and Long Beach Memorial Medical Center	March 19, 2004	Long Beach, CA	Andrea Ruiz (626) 856-6618 www.BreastfeedLA.org .
Califomia Conference of Local Health Department Nutritionists	CCLHDN	March 28-29, 2004	Asilomar Conference Center Pacific Grove, CA	Pamela Sampson (909) 387-9144
Breastfeeding and Parenting Conference for Families and Health Care Professionals	LA Leche League of Northern California and Hawaii	April 16-18, 2004	Santa Clara, CA	www.llusa.org?NCHI/events/2004flyer.html (510) 522-0979
Advance Issues in Lactation Practice	The Center for Breastfeeding	April 19-23, 2004	Chicago, IL	www.healthychildren.cc
Food and Fitness: Striving for a Healthy US Summit	Western Region WIC Programs	April 24-28, 2004	Anaheim, CA	www.nwica.org

State Approved Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
National WIC Association Annual Meeting: Food and Fitness: Striving for a Healthy Balance WIC Moves Forward	Califomia WIC Association	April 25-28, 2004	Anaheim, CA	www.calwic.org/conference
Maternal & Infant Assessment for the Lactation Consultant	The Center for Breastfeeding	April 25-26, 2004 June 3-4, 2004	Springfield, IL Las Vegas, NV	www.healthychildren.cc
38 th National Immunization Conference	National Immunization Program	May 11-14, 2004	Nashville, TN	(404) 639-8225 NIPNIC@cdc.gov www.cdc.gov
XIV International Congress of Dietetics	American Dietetic Association, Dietitians of Canada	May 28-31, 2004	Chicago, IL	(312) 899-4897 (312) 899-4847 www.internationaldietetics.org
Lactation Counselor Certificate Training Program	The Center for Breastfeeding	June 14-18, 2004 Various Dates	Salinas, CA Various Location	www.healthychildren.cc
37 th Annual Conference Society for Nutrition Education (SNE)	Society for Nutrition Education	July 17-21, 2004	Salt Lake City, Utah	(800) 235-6690 (317) 571-5603 Fax www.sne.org
Annual Breastfeeding Conference	National WIC Association	September 27- 28 2004	Phoenix, AZ	www.nwica.org

State Approved Outside Training

Workshop/Conference	Sponsor	Date	Location	Contact
The American Dietetic Association Food & Nutrition Conference & Expo	American Dietetic Association	October 2-5, 2004	Anaheim, CA	http://www.eatright.org/Member/ProfessionalDevelopment/96_17154.cfm

To request additional WIC Approved Outside Training, please use the request form on page 32.

State Approved Outside Trainers

Name	Contact & Address	Contact Phone, Fax, & Email	Workshop
ABLE II	Dr. Shirani Loma Linda University, Teaching Learning Center Evans Hall, Room #203 Loma Linda, CA 92350	(909) 558-8625 (909) 558-0179 fax	<ul style="list-style-type: none"> ABLE II to Improve Academic Performance and Self Confidence
Best Start Social Marketing	Linda Inglis 4809 Busch Blvd, Suite 104 Tampa, Florida 33617	(800) 277-4975 (813) 971-2280 fax	<ul style="list-style-type: none"> Three Step Counseling Method
Global Learning Partner (GLP)	Connie Kuipers 4208 Windsor Place Raleigh, NC 27609	(877) 923-3393 (416) 516-0579 fax ckuipers@globalelearning.com	<ul style="list-style-type: none"> Learning to Listen, Learning to Teach Advance Learning Design
Jo Newell	Jo Newell 1086 York Road Dillsburg, PA 17019	(717) 432-5018 (717) 432-9725 fax ideas2b@aol.com	<ul style="list-style-type: none"> Art of Learning
Karen Vadino, Motivational Speaker	Karen Vadino 4661 Logangate Youngstown, Ohio 44505	(330) 759-7024 (330) 759-7095 fax kavadino@aol.com	<ul style="list-style-type: none"> Laughing: Just for the Health of It All Stressed up and No One to Choke Me, Myself and I Time Management: An Oxymoron Communication: The Final Frontier
Patty Kimbrell	Patty Kimbrell San Diego State University Foundation Spark Program 6363 Alvarado Court, Suite 250 San Diego, CA 92120	(858) 485-7758 pkimbrel@mail.sdsu.edu	<ul style="list-style-type: none"> Fit-WIC: Active Play for Families

California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
<p>California WIC Training Manual</p>	<p>This self-paced manual can be used to conduct training for WNA certification.</p> <ul style="list-style-type: none"> • The manual contains the 23 modules for the 8 competency areas for WNAs. • Topics in the manual include an overview of WIC services, the process for certification of WIC participants, nutrition assessment, individual and group education, the food delivery system and information about making referrals. • Information in the manual is considered critical for new staff to become functional in WIC. • The manual can also be used to orient nutritionists. 	<p>Order through the Office of State Publishing:</p> <ol style="list-style-type: none"> 1. Complete OSP form 501: <i>WIC Education, General Nutrition, and Outreach Materials</i>. 2. Fill in the bottom portion of the form by writing in: <p>"California WIC Training Manual master copy" (This is assembled as camera-ready 1-sided pages in shrink-wrap so that copies can easily be made.)</p> <p>or</p> <p>"California WIC Training Manual ready-to-use copy" (This is assembled as 2-sided pages that are 3-hole punched and assembled in a binder.)</p>

California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
WIC Nutrition Assistant (WNA) Certification Manuals	<p>There are two manuals for the WNA certification process, one for the candidate for certification and one for the reviewer working with the candidate.</p> <ul style="list-style-type: none"> • The Reviewer Manual contains an overview of the certification process, the guidelines for reviewers and the answers to evaluation questions. • The Candidate Manual contains the 8 tasks for the competency areas required for certification, the evaluation tools used to assess the candidate's progress, and the signature forms for submission to the State to request certification for the candidate to become a WNA. 	<p>Order through Office of State Publishing:</p> <ol style="list-style-type: none"> 1. Complete OSP form 504: <i>Administrative Materials</i>. Record the following information for each manual: <p>960005: Reviewer's Manual</p> <p>960006: Candidate's Manual</p> <p>Fax the form to (916) 445-9131 or call (800) 585-7341.</p>

California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
Participant-Centered Counseling-Mentor's Guide and Inservice Guide	<p>There are two training formats for conducting staff training about participant-centered (also known as learner-centered) individual nutrition education. There is an inservice format and an independent study format with structured mentoring of the staff person using the material.</p> <p>Each format contains 6 sessions about the essential skills for conducting individual education/counseling. The topics covered include:</p> <ul style="list-style-type: none"> • Participant-centered education • Basic counseling skills • Tailoring individual education to meet participant's needs • Stages of change for making behavior changes 	<ul style="list-style-type: none"> • Contact Heather Reed at (916) 928-8523 or email or • Contact Mike Elfant at (916) 928-8520 or email melfant@dhs.ca.gov

California WIC Program Training Materials

Title of Material	Description of Training Content	How to Obtain Material
<p>Working with Diverse Staff and Participants-Inservice Guide</p>	<p>This is a series of training guides that are designed to use for inservices. The guides work best if completed sequentially. Each inservice can be conducted in one to two hours.</p> <p>The four guides are:</p> <ul style="list-style-type: none"> • <i>Getting to Know You</i> is about sharing cultural history and exploring feelings about culture. • <i>The Importance of Culture</i> is about how culture affects working with WIC families and WIC staff. • <i>Telling your Story</i> is about reflecting on past experiences and current beliefs related to culture. • <i>Exploring Communities</i> is about sharing knowledge and experiences for working with people from the cultures your agency serves. <p>There is an attachment which includes cross cultural counseling suggestions and typical feeding patterns of 15 ethnic groups.</p> <p>These materials could be incorporated into your annual mandatory civil rights training.</p>	<ul style="list-style-type: none"> • Contact Heather Reed at (916) 928-8523 or email hreed@dhs.ca.gov <p style="text-align: center;">or</p> <ul style="list-style-type: none"> • Contact Mike Elfant at (916) 928-8520 or email melfant@dhs.ca.gov

California WIC Program Training Centers

Location	Type of Training Offered	Contact	Contact Telephone
Alameda County Health Care Services Agency Eastmont Mall 7200 Bancroft Avenue, Suite 204 Oakland, CA 94605	<ul style="list-style-type: none"> • ISIS • Specialty 	Maurice Robertson	(916) 928-8574
American Red Cross 5911 University Avenue San Diego, CA 92115	<ul style="list-style-type: none"> • ISIS 	Amy Trendel	(619) 583-8573
Clinica Sierra Vista: Rosedale WIC Office 10727 Rosedale Hwy Bakersfield, CA 93312	<ul style="list-style-type: none"> • ISIS 	Armida VanWinkle	(661) 587-5781
Community Resource Project 250 Harris Avenue, Suite 6 Sacramento, CA 95838-3279	<ul style="list-style-type: none"> • Specialty 	Elysia Landeros	(916) 567-5220 ext. 242
Mendocino County Public Health Department 1120 South Dora Street Ukiah, CA 95482	<ul style="list-style-type: none"> • ISIS • Specialty • WNA Reviewer 	Maurice Robertson	(916) 928-8574
Public Health Foundation Enterprises, Inc. 17610 Bellflower Boulevard, #A205 Bellflower, CA 90706	<ul style="list-style-type: none"> • ISIS • Specialty 	Maurice Robertson	(916) 928-8574
The Sherman Building 3900 Sherman Drive Riverside, CA 92503	<ul style="list-style-type: none"> • ISIS • Specialty • WNA Reviewer 	Catherine Dovell	(909) 358-5311
San Diego State University Foundation WIC Program 8057 Vickers Street San Diego, CA 92111	<ul style="list-style-type: none"> • Specialty 	Kara Walker	(858) 505-3078
Santa Barbara County Public Health Department 315 Camino del Remedio Santa Barbara, CA 93110	<ul style="list-style-type: none"> • ISIS • Specialty 	Caro Stinson	(805) 346-8244
United Health Centers of the San Joaquin Valley, Inc. 1560 East Manning Avenue Reedley, CA 93654	<ul style="list-style-type: none"> • ISIS • Specialty • WNA Reviewer 	Terry Echeveste	(559) 638-3948
WIC Branch 3901 Lennane Drive Sacramento, CA 95834	<ul style="list-style-type: none"> • ISIS • Specialty 	Maurice Robertson	(916) 928-8574

Nutrition Education and Training Consortia

Consortium	Contact Person	Telephone
Bay Area Nutrition Education and Training Consortium	Linda Franklin Alameda County	(510) 595-6450
Central Valley Nutrition Education and Training Consortium	Beth Arrindell United Health Centers of the San Joaquin Valley, Inc.	(559) 646-6611
North Coast Nutrition Education and Training Consortium	Jane Barrett Mendocino County	(707) 961-2497
Sacramento Nutrition Education and Training Consortium	Rose McIsaac Del Norte Clinics	(530) 742-3055
Southern California Nutrition Education Consortium	Gauri Rao Public Health Foundation Enterprises, Inc.	(626) 856-6650 ext. 213
Southern California Training Consortium	Esther Ho Orange County	(714) 834-7775

Registration Information

To register for training:



1. Fax a completed *Training Registration* form to (916) 928-6816.

OR

2. Email Registrar@dhs.ca.gov and include the following information:

- Staff Name
- Position/Title
- Class Name
- Class Date(s) and Location
- Contact Name
- Contact Person's Telephone and Fax Number
- Agency Name and Address



For ISIS Training in the Central Valley Contact:

Gloria Pecina
United Health Centers of the
San Joaquin Valley, Inc., Reedley at:

- Telephone: (559) 638-3948
- Fax: (559) 638-1612
- Email: uhcwic@attitude.com

OR

Armida VanWinkle
Clinica Sierra Vista, Bakersfield, at:

- Telephone: (661) 587-5781
- Fax: (661) 587-5794
- Email: vanwinklea@clincasierravista.org

California WIC Program Training Registration

Title of Training _____ Date of Training _____

Location of Training _____

Name _____ Job Title _____

Agency Name _____ Agency Number _____

Agency Address _____ City _____ Zip Code _____

Telephone Number _____ Fax Number _____ Email _____

Print Supervisor's Name _____

Supervisor's Signature _____ Date _____

- Notes:
- Complete one training request per person per class.
 - Incomplete registration forms will be returned to you and registration process will be delayed.
 - A confirmation letter will be sent to you when registration is complete.

Mail or fax completed form to:

Nutrition and Breastfeeding Education and Training Section
3901 Lennane Drive
Sacramento, CA 95834
Fax: (916) 928-6816

California WIC Program

Request to Add State Approved Outside Training

From _____ Agency _____

Fax Number _____ Telephone Number _____

I would like to have the following added as a pre-approved outside training:

Workshop/Conference _____

Sponsor _____

Date _____ Location _____

Contact _____

Comments _____

Fax/mail the request to:

Maurice Robertson, Chief
Statewide Training and Administrative Unit
California WIC Program
3901 Lennane Drive
Sacramento, CA 95834
Fax: (916) 928-0709

Or complete the request form on-line at:

www.wicworks.ca.gov

California WIC Program

Advanced Learning Design Workshops Application

Name _____

Agency _____

Position _____

Address _____

Phone number _____

E-mail address _____

What session would you like to attend (date & location)?

Please explain why you would like to attend an *Advanced Learning Design*. Specifically, how would you use the principles and techniques of adult learning to improve what you do at WIC?

A prerequisite for this workshop is completion of the *Learning to Listen, Learning to Teach* workshop. Please indicate which *Learning to Listen, Learning to Teach* session you attend. Include the dates and location. _____

NOTE: Due to the limited number of spaces for this workshop, we may have more applicants than spaces. If so, we will use the information on this application to help select attendees.

Please return to:

Cathryne Ahrens
3901 Lennane Drive
Sacramento, CA 95834
Fax: 916 928-0518

California WIC Program

Learning to Listen, Learning to Teach Workshops Application

Name _____

Agency _____

Position _____

Address _____

Phone number _____

E-mail address _____

What session would you like to attend (date & location)?

Reasons why you would like to attend a Learning to Listen, Learning to Teach Workshop:

Please fax to:

Cathryne Ahrens

FAX (916) 928-0518

California State WIC Program

3901 Lennane Drive

Sacramento, CA 95834

(916) 928-8604

LOCAL AGENCY TRAINING APPROVAL REQUEST

Name of Contact Person: _____
Local Agency Name: _____

Date: _____
Date Approval Needed: _____

Training Information

Name of Training: _____

Date(s) of Training: _____ Location of Training: _____

Reason for Attendance: _____

Training Overview : *Please attach flyer or copy of course description*

Request that the Following Staff Attend Training

Name	Position Title
_____	_____
_____	_____
_____	_____
_____	_____

Costs

Registration:	Number of Attendees: _____	X Registration Fee/person	\$ _____ = \$ _____
Per Diem:	Number of Attendees: _____	X Per Diem & Lodging/person	\$ _____ = \$ _____
Airline:	Number of Attendees: _____	X Ticket Price/person	\$ _____ = \$ _____
Car Rental:	Number of Days: _____	X Rate/day	\$ _____ = \$ _____
Mileage:	Number of Miles: _____	X No. of Cars _____ X Mileage Rate	\$ _____ = \$ _____
Other Cost (<i>Please Specify</i>):	_____		\$ _____ = \$ _____

TOTAL COSTS

\$

Questions

- Are there adequate funds in the appropriate line of your current Fiscal Year WIC budget for this training? ☐ Yes ☐ No
If "No", have you submitted a line item transfer request? ☐ Yes ☐ No
- Is this training included in your training plan for the current fiscal year? ☐ Yes ☐ No
If "No", explain why addition is needed: _____

STATE USE ONLY

Date: ____/____/____ ☐ Approved ☐ Not Approved

Signature: _____ Regional Nutrition Consultant WIC Supplemental Nutrition Branch

OUT OF STATE TRAVEL APPROVAL Date: ____/____/____ ☐ Approved ☐ Not Approved

Signature: _____ Section Chief WIC Supplemental Nutrition Branch

Distribution Information

The Training Bulletin is distributed to:

- Primary WIC Program Contacts
- Local Agency Training Coordinators
- Local Agency Nutrition Education Coordinators
- Regional Consultants and Advisors
- California WIC Association
- State Certified Local Agency Trainers

The Training Bulletin is also available on the Internet at <http://www.wicworks.ca.gov>